Football Practice Test Questions for 2017



Completely clear or completely white tooth and mouth protectors are legal.

1. True 1-5-1d(5)a

The NFHS disapproves of any form of taunting that is intended or designed to embarrass, ridicule or demean others under any circumstances.

2. True

9-51a NOTE, 9-8-1a NOTE

Football gloves are required to meet either the new SFIA specification or the existing NOCSAE standard at the time of manufacture.

3. True

1-5 NOTE, 1-5-2b

Face tackling is an act by any player who initiates contact against an opponent at the shoulders or below with the crown (top portion) of his helmet.

4. False

2-20-1b

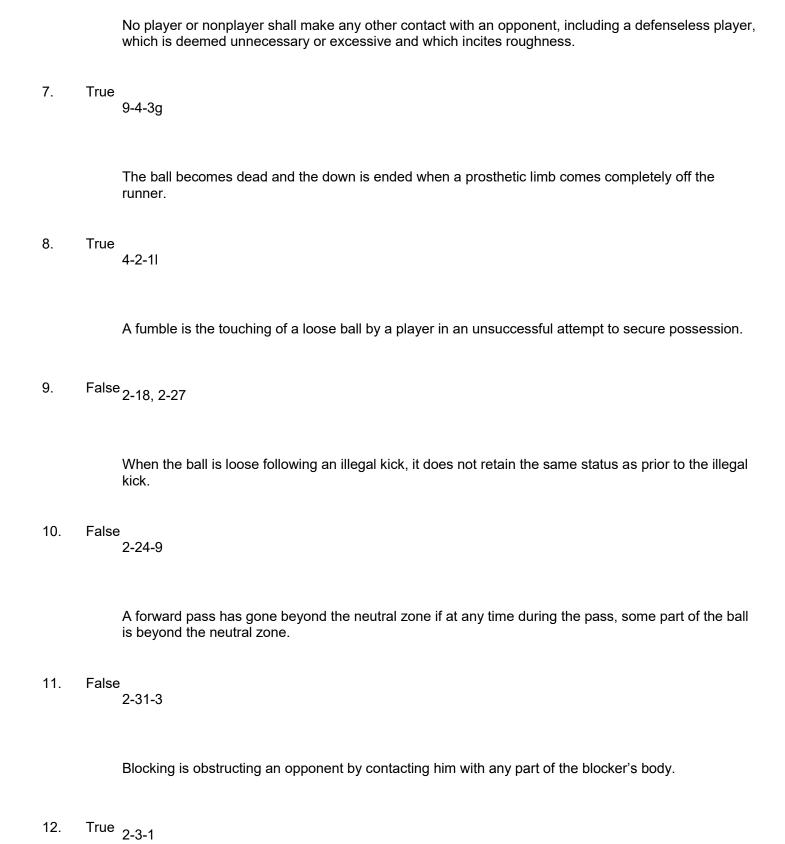
The referee shall have the authority to correct the number of the next down prior to the ball becoming live after a new series of downs is awarded and prior to the declaration of the end of any period.

5. True

5-1-1b

Illegal helmet contact may not be judged a flagrant act by the game official.

6. False 9-4-3i NOTE



Clipping in the free-blocking zone is illegal.

13.

True

2-17, 9-3-6, 9-3 Penalty

It is a foul for non-contact face guarding on a forward pass.

14. False 7-5-10

At the time the ball is kicked, at least four K players must be on each side of the kicker.

15. True 6-1-4

By state association adoption, to allow for special occasions, commemorative or memorial patches, not to exceed 4 square inches, may be worn on the uniform without compromising its integrity.

16. True 1-5-1b(2) NOTE, 1-5-1b(3) NOTE

An unofficial auxiliary down indicator may be used, but it must be operated approximately 2 yards outside the sideline (except in stadiums where the total playing enclosure does not permit) opposite the official line-to-gain and down indicators.

17. True

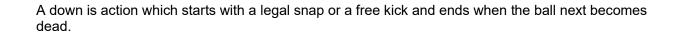
1-3-5c

A drop kick or place kick may be used following a safety.

18. True 2-24-3, 2-24-6, 8-5-4

Ball-colored helmets are legal player equipment.

19. False 1-5-3c(1)



20. True 2-7-1

Defensive players are restricted from contacting the ball or the snapper's hand(s) or arm(s) until the snapper has released the ball.

21. True 7-1-6

A back may not wear a jersey with a number 50 through 79.

22. False ₁₋₄₋₃, 2-32-3

A player in the act of or just after throwing a pass, is not considered a defenseless player.

23. False 2-32-16

Illegal participation fouls by the receiving team occurring during the kick are now enforced under post-scrimmage kick fouls.

24. True 2-16-2h

A period shall not be extended by an untimed down if, during a down in which time expires, a foul occurs for which enforcement, by rule, results in a safety.

25. True 3-3-4b(5)

If a double foul occurs during a down in which time expires, the period is ended.

26. False

The period shall be extended if, during a down in which time expires, B1 commits an unsportsmanlike foul and the penalty is accepted.

27. False

3-3-4b

Giving an invalid fair-catch signal carries a 15-yard penalty.

28. False 6-5-7 PENALTY

A pop-up kick is a free kick in which the kicker drives the ball immediately into the ground, the ball strikes the ground once and goes into the air in the manner of a ball kicked directly off the tee.

29. True

2-24-10, 6-1-11, 6-1 PENALTY

Only one receiver may give a signal for a fair catch while any legal kick is in flight.

30. False 6-5-1

If a low scrimmage kick is touched by R1 in the neutral zone, kick-catching interference restrictions have ended and no fair catch can be made.

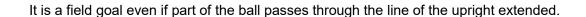
31. False

6-5-6

When a penalty is accepted with less than two minutes remaining in either half, the offended team will have the option to start the game clock on the snap.

32. True

3-4-7



33. False 8-4-1c

No player or nonplayer shall execute a blindside block outside of the free-blocking zone with forceful contact unless initiated with open hands.

34. True 9-4-3n

If K1's field-goal attempt deflects off K2's shoulder while he is in the expanded neutral zone, no goal is scored even if the ball passes between the uprights and above the crossbar.

35. False 8-4-1b

A backward pass is a pass thrown with its initial direction parallel with or toward the runner's end line.

36. True 2-31-5

If runner A1, who is beyond the neutral zone, tosses the ball forward, he has thrown an illegal forward pass.

37. True 7-5-2b

A pass thrown backward out of bounds to stop the clock is an illegal pass.

38. False 7-5-2

39. False A backward pass out of bounds is an illegal pass.

7-4-3, 7-5-2

A multiple foul is one or more live-ball fouls by each team resulting in offsetting penalties.

40. False 2-16-2e, 10-2-4

Grasping the tooth and mouth protector attached to the face mask is not a foul.

41. False 9-4-3h

A foul is a result imposed by rule against a team or team member that has committed a penalty.

42. False 2-16-1, 2-16-5

An attempt by B to interfere with A's signals prior to the snap is a live-ball foul.

43. False 9-5-1d, 9-5 PENALTY

Penalties for dead-ball fouls are enforced separately and in the order in which they occurred.

44. True _{10-2-5b}

A player may be withdrawn and re-entered legally during the same dead-ball interval if the period ends during the dead-ball interval.

45. True

3-7-3

A free kick which goes out of bounds belongs to the kicking team.

46. False 6-1-9, 6-1-10

If K1 is first to touch a free kick between the free-kick lines, such touching is ignored.

47. False 6-1-7

After a safety, unless moved by a penalty, R's free-kick line is K's 30-yard line.

48. True 6-1-1b

A free kick may be made after a fair catch.

49. True ₂₋₂₄₋₃, 6-4

A kick ends as soon as R1 touches the kick.

50. False FUNDAMENTAL IV-1, 2-24-2

A dead ball may become live only by a legal snap or free kick.

51. True FUNDAMENTAL III-3

Free-kick lines are always 10 yards apart.

52. True FUNDAMENTAL V-2, 6-1-1



53. False 2-16-2f, 9-6-3, 9-6-4

The clock shall start with the snap, if the clock was stopped because of an inadvertent whistle.

54. True 3-4-2c

If end A1 voluntarily goes out of bounds and immediately returns during the down, it is illegal participation.

55. True 9-6-1, 9-6 PENALTY

All fouls by A during the down are enforced from the basic spot.

56. False ₁₀₋₄

Following a change of possession, if an inadvertent whistle is sounded, the down must be replayed.

57. False 4-2-3b

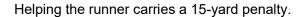
A coach who has been disqualified may not have further direct or indirect contact with his/her team during the remainder of the game.

58. True 9-8 PENALTY

Enforcement provisions apply to all player fouls.

59. True

10-6 FOOTBALL PENALTY ENFORCEMENT



60. False 9-1 PENALTY

If touching causes the ball to become dead, securing possession of the ball has no significance.

61. True FUNDAMENTAL III-4

A scrimmage kick recovered in or behind the neutral zone may not be advanced by K or R.

62. False FUNDAMENTAL VI-2

It is not a foul if A1 immediately returns to the field and makes a block after being blocked or pushed out of bounds by B1.

63. True

9-6-1

Replaced players shall begin to leave the field within three seconds.

64. True ₃₋₇₋₁

If there is an inadvertent whistle during a forward pass, but prior to the whistle A commits pass interference, the down is replayed if the penalty is accepted.

65. False

4-2-3, 7-5-10 PENALTY

A ball without any stripes is legal for use if both coaches agree to use it.

66. False

A false start is always a dead-ball foul.

67. True 7-1-7 PENALTY

It is recommended that goal lines be marked in a color that contrasts with other field markings.

68. True 1-2-3g NOTE 2

The referee is the final judge as to the legality of the ball.

69. True ₁₋₃₋₃

The pylon when properly placed on the goal line is out of bounds at the intersection of the sideline and goal-line extended.

70. True

1-2-4

If K's blocked punt strikes the ground and is then forced into K's end zone by R2 and recovered there by R3, it is a touchback.

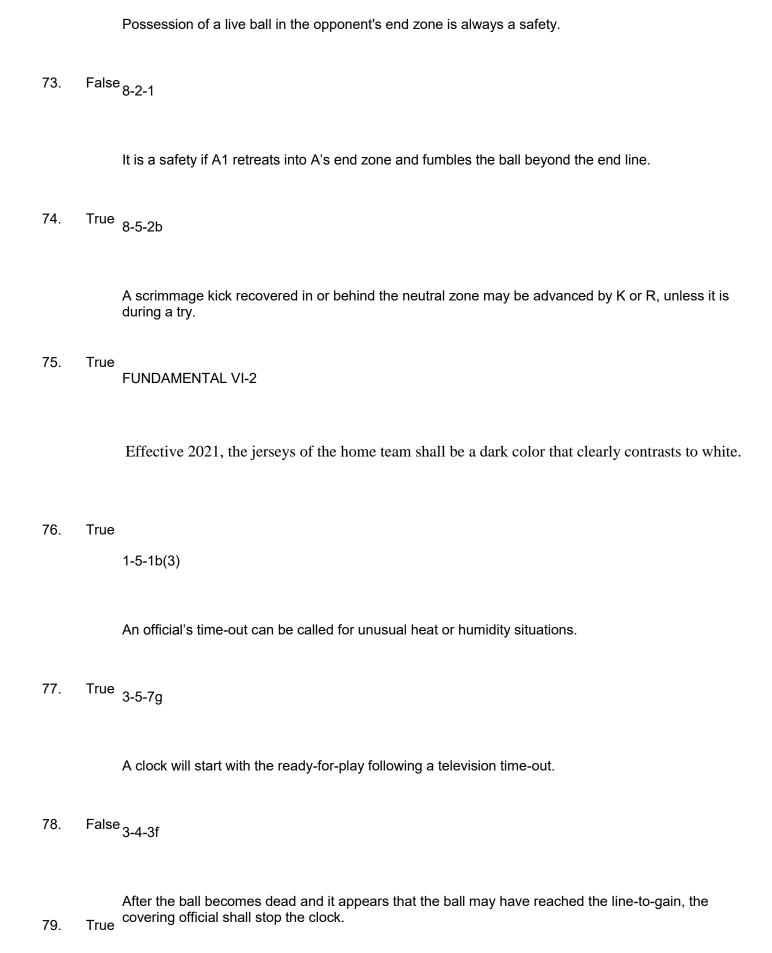
71. False

2-13-2, 8-2-1b FUNDAMENTAL I-8

On kicks entering R's end zone, the determination of force dictates whether it is a touchback or a safety.

72. False

2-13-4a



3-5-7a, b; 3-5-9

After the ball goes out of bounds, the clock always starts with the ready-for-play.

80. False 3-4-3a

Member state associations may determine the game official who is to accompany the referee during the required pre-game meeting with each head coach.

81. True

1-5-1a(2) NOTE, 1-5-4

A signal to end a period shall be sounded when time expires (clock indicates 0:00) during the down.

82. False 3-3-2

If a free kick is repeated due to a foul, the clock shall start when the free kick is touched, other than first touching by K.

83. True

3-4-3

The batting of a pass, kick or fumble in flight is not considered a new force for judging whether a touchback or safety results.

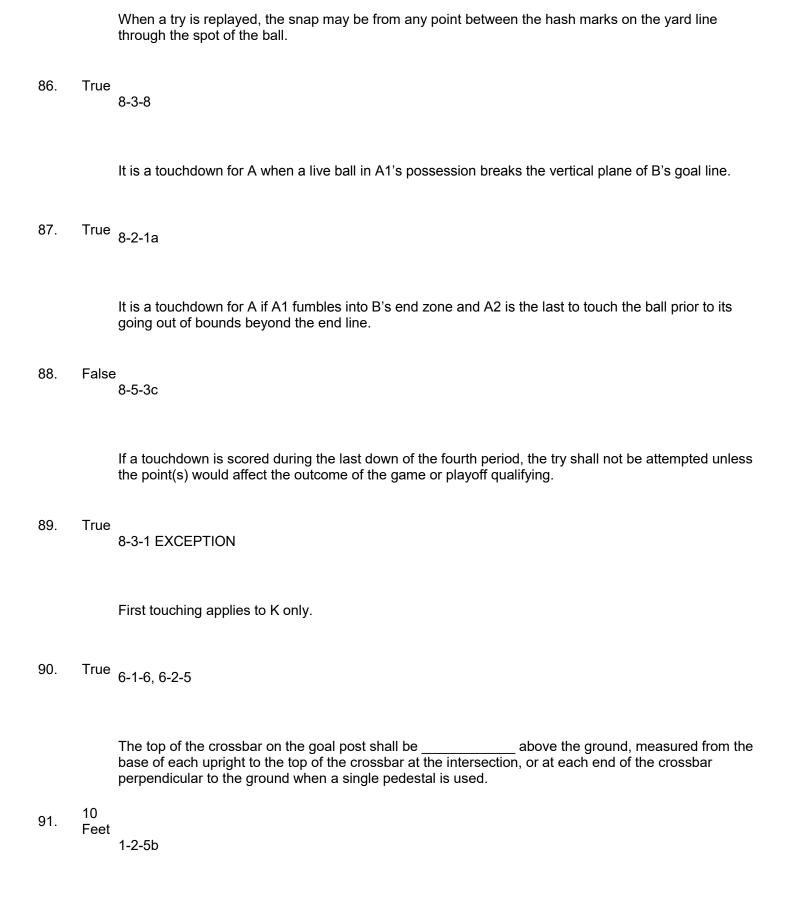
84. True

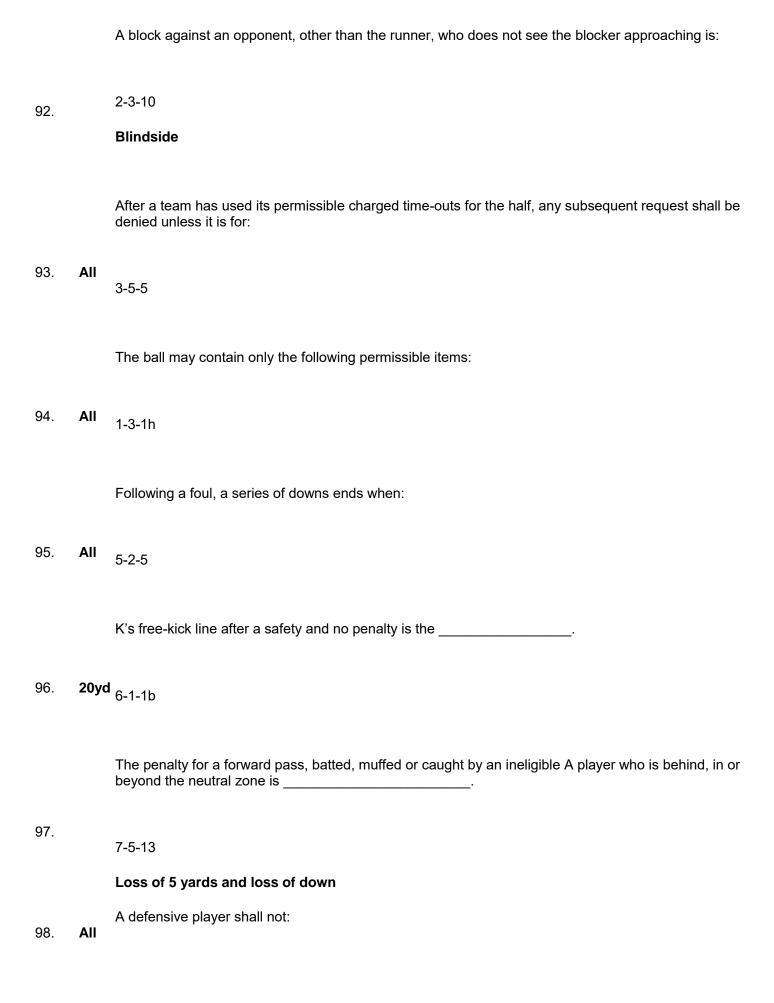
2-13-3, 8-5-1

A football jersey must completely cover the shoulder pads and all pads worn above the waist on the torso.

85. True

1-5-1b(1)





The enforcement spot for any foul by the defense is the _____ when the run ends in the end zone and would result in a safety.

99.

10-5-2

Goal line

No player or nonplayer shall:

100. **All**

9-4-3