

# 2019 Football Test - Part I

1. At the snap, at least five A players shall be on their line of scrimmage and no more than five A players may be backs.
2. The penalty for illegal kicking or batting is 5 yards.
3. Ready-for-play signifies that the ball may be put in play by a snap or a free kick with 25 seconds or 40 seconds on the play clock.
4. The penalty for a player who is not properly equipped is to remove that player for at least one down.
5. The passer continues to be a defenseless player until the legal forward pass ends or the passer moves to participate in the play.
6. The signal for free kick infractions, other than encroachment of the neutral zone is Signal 18
7. At the option of the offended team, the basic spot may be the succeeding spot for fouls by K during a free or scrimmage-kick down (other than kick-catch interference) prior to the end of the kick when K will not be next to put the ball in play.
8. The ball becomes dead and the down is ended when a prosthetic limb comes completely off the runner.
9. No player or nonplayer shall trip an opponent
10. Effective with the 2024 season, the entire body of the number shall be a single solid color that clearly contrasts with the body color of the jersey.
11. The horse-collar foul is enforced as a live-ball foul.
12. By state association adoption, use of instant replay is allowed only for postseason contests.
13. During a kick, an offensive player may use his hands or arms to ward off an opponent who is attempting to block him.
14. It is not forward-pass interference if contact by B is obviously away from the direction of the pass.
15. Game officials may use supplementary equipment to aid in game administration as authorized by the state association.
16. An artificial arm may not be worn by any player.
17. Decorative markings in the end zone may be within a foot of the goal line.
18. When R1 gains possession of a free kick, blocking below the waist by teammates is legal.
19. It is recommended that the restraining line be marked by placing 12-inch-long lines, separated at 24-inch intervals.
20. A down ends when the live ball becomes dead.
21. Defensive players are restricted from contacting the ball or the snapper's hand(s) or arm(s) until the snapper has released the ball.
22. A tinted eye shield is illegal.
23. A receiver attempting to catch a pass who has not had time to clearly become a runner, is not considered a defenseless player.
24. Illegal participation fouls by the receiving team occurring during the kick are enforced under post-scrimmage kick fouls.
25. When weather conditions are construed to be hazardous to life or limb of the participants, the crew of game officials is authorized to delay or suspend the game.
26. The head coach of each team is not responsible for his team being on the field for the mandatory three-minute warm-up period after halftime intermission.
27. If there is a double foul during the last timed down of a period, the period is automatically extended.
28. Any receiver may signal for a fair catch while any legal kick is in flight.
29. The succeeding spot is where the ball was last snapped or free kicked
30. A signal given by R1 in or behind the neutral zone during a scrimmage kick is an illegal fair-catch signal.
31. If R1 signals for a fair catch, he may not block until the kick ends.
32. When a penalty is accepted with less than two minutes remaining in either half, the offended team will have the option to start the game clock on the snap.
33. It is a field goal even if part of the ball passes through the line of the upright extended.
34. No player or nonplayer shall execute a blindside block outside of the free-blocking zone with forceful contact unless initiated with open hands.
35. If K1's field-goal attempt deflects off K2's shoulder while he is in the expanded neutral zone, no goal is scored even if the ball passes between the uprights and above the crossbar.

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36. A backward pass is a pass thrown with its initial direction parallel with or toward the runner's end line.
37. If the ball is beyond the neutral zone when it leaves the passer's hand on a forward pass, it is an illegal forward pass.
38. If an illegal forward pass strikes the ground, the ball remains live.
39. A backward pass out of bounds is an illegal pass.
40. A disqualified player shall be removed even if the penalty for the foul is declined.
41. If a player refuses to comply with a game official's directive, the player will be disqualified.
42. An offensive player cannot commit a spearing foul.
43. An attempt by B to interfere with A's signals prior to the snap is a live-ball foul.
44. No foul causes a live ball to become dead.
45. A player may be withdrawn and re-entered legally during the same dead-ball interval if the period ends during the dead-ball interval.
46. If a pool of water forces the referee to move the ball for K1's kick, the free-kick lines may be less than 10 yards apart.
47. A punt may be used for the free kick on a kickoff.
48. After a safety, unless moved by a penalty, R's free-kick line is K's 30-yard line
49. The kickers may not advance a recovered free kick.
50. A kick ends as soon as R1 touches the kick.
51. A handed ball beyond the neutral zone is considered to be a pass.
52. A foul that occurs simultaneously with the snap is an exception to the all-but-one enforcement principle.
53. If a player is blocked out of bounds by an opponent and returns inbounds, at the first opportunity he/she may legally participate.
54. An inadvertent whistle does not end the down.
55. If end A1 voluntarily goes out of bounds and immediately returns during the down, it is illegal participation.
56. All fouls by A during the down are enforced from the basic spot.
57. Fouls that occur after an inadvertent whistle can only be dead-ball fouls.
58. A foul during a try is not paired with a dead-ball foul to create a double or multiple foul.
59. Enforcement provisions apply to all player fouls.
60. Helping the runner carries a 15-yard penalty.
61. Forward pass interference can occur behind, in or beyond the neutral zone.
62. While it is possible to have several running plays during a down, with each one having its own basic spot of penalty enforcement (where the related run ended), there can only be one loose-ball play during a down.
63. If a substitute or replaced player influences the play, it is illegal participation.
64. Replaced players shall begin to leave the field within three seconds.
65. If during a down in which time expires, K1 holds during a successful field-goal attempt, the period is automatically ended and the score is canceled.
66. The kicking tee may not elevate the ball more than 2 inches above the ground.
67. A shift which is designed to cause Team B to encroach is a start.
68. Yard-line markers -- constructed of soft, pliable materials -- if placed on the ground, should be no closer than 2 yards to the sideline.
69. The goal-line pylons may be any color as long as they are the same color.
70. The ball shall have the NFHS Authenticating Mark.
71. If B1 intercepts A's forward pass in B's end zone, it is a safety if he is tackled there.
72. It is a touchback when A1 fumbles on B's 2-yard line and the ball goes into B's end zone and out-of-bounds there.
73. The team whose goal line is involved shall put the ball in play anywhere between the hash marks on its 20-yard line by a snap after a touchback and by a free kick after a safety.
74. If A1 is in his own end zone when he intentionally grounds a forward pass, it is a safety even if B declines the penalty.
75. A scrimmage kick recovered in or behind the neutral zone may be advanced by K or R, unless it is during a try.
76. Effective 2021, the jerseys of the home team shall be a dark color that clearly contrasts to white.
77. Any player who exhibits signs, symptoms or behaviors consistent with a concussion shall be immediately removed from the game and shall not return to play until cleared by the head coach.

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78. A television time-out is not charged to either team.
79. On a free kick to start a period, the game clock will start when the ball is touched other than first touching by K.
80. A state association may establish guidelines to use a running game clock when a point differential is reached.
81. Member state associations may determine the number of game officials to be used during a game.
82. There is a two-minute intermission following a try, successful field goal or safety and prior to a free kick.
83. During a down, if time expires for a period and a signal is sounded, the game officials shall ignore the signal.
84. It is a touchback if A1 fumbles on B's 5-yard line and B1's muff forces the loose ball into B's end zone and out of bounds beyond the end line.
85. A football jersey must completely cover the shoulder pads and all pads worn above the waist on the torso.
86. During a field-goal attempt, the ball becomes dead if the kick is blocked behind the neutral zone.
87. Possession of a live ball in the opponent's end zone is always a touchdown.
88. A forward-pass interference foul can occur only beyond the neutral zone.
89. It is not a touchdown when a loose ball is caught or recovered by a player while the ball is on or behind his opponent's goal line.
90. Whether the next down will be first down is determined at the time the ball becomes dead and after considering any act, except a nonplayer foul or unsportsmanlike foul, which occurred during the down.
91. The penalty for blocking after giving a valid or invalid fair-catch signal is
  - a. 5 Yards
  - b. 10 yards
  - c. 15 Yards
  - d. None of the above
92. A block against an opponent, other than the runner, who does not see the blocker approaching is:
  - a. Chop Block
  - b. Interlock Blocking
  - c. Blindside block
  - d. Spearing
93. After a team has used its permissible charged time-outs for the half, any subsequent request shall be denied unless it is for:
  - a. An apparently injured player who is so designated when the request is made
  - b. Necessary repair to player equipment except as in 3-5-10d.
  - c. The review of a possible misapplication or misinterpretation of a rule.
  - d. Any of the above.
94. The ball may contain only the following permissible items
  - a. Ball manufacturer's name and/or logo.
  - b. School name, logo and/or mascot.
  - c. State association name and/or logos.
  - d. Any of the above.
  - e. None of the above.
95. Pass interference restrictions on a legal forward pass begin for
  - a. A with the snap
  - b. B with the snap
  - c. A when the ball leaves the passer's hand
  - d. All of the above
96. K's free-kick line after a safety is the
  - a. 35-yard line
  - b. 30-yard line
  - c. 25-yard line
  - d. 20-yard line.

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97. The penalty for a forward pass, batted, muffed or caught by an ineligible A player who is behind, in or beyond the neutral zone is
- loss of 5 yards and loss of down.
  - loss of 5 yards and no loss of down.
  - loss of 10 yards and loss of down.
  - loss of 10 yards and no loss of down.
98. A defensive player shall not:
- Use his hands to add momentum to the charge of a teammate who is on the line of scrimmage.
  - Use his hands or arms to hook, lock, clamp, grasp, encircle or hold in an effort to restrain an opponent other than the runner.
  - Contact an eligible receiver who is no longer a potential blocker.
  - Any of the above
99. The enforcement spot for any foul by the defense is the \_\_\_\_\_ when the run ends in the end zone and would result in a safety.
- previous spot
  - spot of the foul
  - end of the run
  - goal line
100. No player or nonplayer shall:
- Hurdle an opponent.
  - Throw a helmet to trip an opponent.
  - Initiate illegal helmet contact.
  - Any of the above
  - None of the above.